

MARCIA PROCTOR HYPNOTHERAPY

Marcia D. Proctor, CHT

MY SUCCESS LIST

Date _____

Use this to keep track of all your daily successes, big and small, until we meet again.

Day 1. Today I _____

Day 2. _____

Day 3. _____

Day 4. _____

Day 5. _____

Day 6. _____

Day 7. _____
